



# TOLGA GÜNVAR

## ASSOC. PROF.

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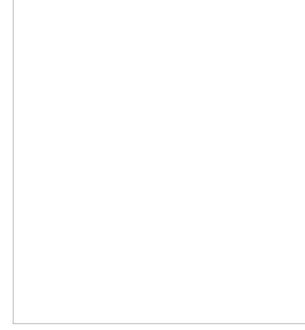
International Researcher IDs

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Publons / Web Of Science ResearcherID: JEP-6159-2023

Yoksis Researcher ID: 143030



### Learning Knowledge

Undergraduate  
1987 - 1998

Hacettepe University, Tıp Fakültesi, Tıp Pr. (İngilizce), Turkey

### Academic Titles / Tasks

Associate Professor  
2013 - Continues

Dokuz Eylul University, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü

Associate Professor  
2013 - Continues

Dokuz Eylul University, Eğitim Bilimleri Enstitüsü, Aile Eğitimi Ve Danışmanlığı (YI) (Tezli)

Associate Professor  
2013 - Continues

Dokuz Eylul University, Eğitim Bilimleri Enstitüsü, Aile Eğitimi Ve Danışmanlığı (YI) (Tezsiz) (İö)

Lecturer  
2005 - 2013

Dokuz Eylul University, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü

### Supported Projects

- Mevsim V., Tekin H. C., Coşkun Beyan A., Günvar T., Çöme O., İmançer M. S., TUBITAK Project, DevelopmEnt of an AI-BasEd Clinical Decision Support System Integrated with Home-Based Spirometry and Video Consultation Technology For PatiEnt-Centered Care and Self-Monitoring in the Management of Chronic Obstructive Pulmonary Disease, 2023 - 2025
- Tunçok Y., Günvar T., Dilek B., Küçükğüçlü Ö., Akpınar Söylemez B., Korsacılar İ. S., Mevsim V., Kılınç O., Yener G., Güven H., Bölge Kalkınma İdaresi Başkanlığı Projesi, "İZLENEBİLİR"YAŞLI BAKIM" PROJESİ, 2018 - 2021
- Mevsim V., Günvar T., TUBITAK Project, Çeşitli Sağlık Sorunları Tedavisinde Davranış Değişikliği İçin Hizmet Verecek Bir Sağlık İşletmesi Yapılandırması, 2016 - 2018

4. Kuruoğlu Kandemir E., Mevsim V., GÜNVAR T., Project Supported by Higher Education Institutions, Aile Hekimi Seçimi Kriterlerinin Belirlenmesi ve AHP Modelinde Uygulanması, 2008 - 2010
5. Günvar T., EU Supported Other Project, Training of Family Physicians Towards Development of the European Network of Continuing and Postgraduate Education for Family Physicians FAMILYMED 2, 2007 - 2009
6. Özçakar N., GÜNVAR T., Project Supported by Higher Education Institutions, Tıp Fakültesi Klinik Beceri Eğitimlerinin Simüle Hasta ve Görsel Kayıt Kullanılarak Geliştirilmesi, 2006 - 2008

## Published journal articles indexed by SCI, SSCI, and AHCI

1. **The Relationship Between Obesity and Internet Addiction in University Students: A Cross-Sectional Study.**  
Yıldız Ü., Kuruoğlu E., Günvar T., Çöme O., Mevsim V.  
American journal of health promotion : AJHP, no.0, 2024 (SSCI)
2. **Efficacy of oscillometric method for screening periferic arterial disease in primary care**  
Bulut U., Gunvar T., Guldal A. D.  
NIGERIAN JOURNAL OF CLINICAL PRACTICE, vol.23, no.5, pp.668-674, 2020 (SCI-Expanded)
3. **Which family physician should I choose? The analytic hierarchy process approach for ranking of criteria in the selection of a family physician**  
Kuruoğlu Kandemir E., Guldal D., Mevsim V., Günvar T.  
BMC MEDICAL INFORMATICS AND DECISION MAKING, vol.15, 2015 (SCI-Expanded)
4. **The Influence of Health Care Reforms on Work-Related Attitudes and Anxieties of Primary Care Physicians**  
GÜNVAR T., KARTAL M., Toksun A., YEMEZ B., Guldal D.  
MEDICINA-LITHUANIA, vol.47, no.11, pp.623-628, 2011 (SCI-Expanded)
5. **Is the use of videotape recording superior to verbal feedback alone in the teaching of clinical skills?**  
Özçakar N., Mevsim V., Guldal D., Günvar T., Yıldırım E., Sisli Z., Semin I.  
BMC PUBLIC HEALTH, vol.9, 2009 (SCI-Expanded)
6. **Young people benefit from comprehensive education on reproductive health**  
MEVSİM V., Guldal D., GÜNVAR T., Saygin O., KURUOĞLU KANDEMİR E.  
EUROPEAN JOURNAL OF CONTRACEPTION AND REPRODUCTIVE HEALTH CARE, vol.14, no.2, pp.144-152, 2009 (SCI-Expanded)
7. **IgA and/or IgG subclass deficiency in children with recurrent respiratory infections and its relationship with chronic pulmonary damage**  
ÖZKAN H., Atlihan F., Genel F., Targan S., Gunvar T.  
Journal of Investigational Allergology and Clinical Immunology, vol.15, no.1, pp.69-74, 2005 (SCI-Expanded)

## Articles Published in Other Journals

1. **Inter- and Intra-Rater Reliability of the Measure of Patient-Centered Communication**  
Günvar T., Gürel Y., Güldal A. D., Başak O.  
Turkish Journal of Family Medicine and Primary Care, vol.16, no.4, pp.744-750, 2022 (Peer-Reviewed Journal)
2. **Validity and Reliability of Patient Perception of Patient Centeredness Scale in Turkish**  
Günvar T., Başak O., Limnili G., Yurdabakan İ., Güldal D.  
Turkish Journal of Family Medicine and Primary Care, vol.16, no.2, pp.286-293, 2022 (Peer-Reviewed Journal)
3. **Investigation of University Students' Internet Addiction Levels and Social Media Use Characteristics: A Descriptive Study**  
Hotar F. S. N., Kabasakal H. Z., Demir K., Yılmaz M., Kuruoğlu Kandemir E., Uyanık G., Bakalım O., Canoğlu İ., Günvar T., Süral Özer P.  
Batı Anadolu Eğitim Bilimleri Dergisi(BAEBD), vol.13, no.1, pp.569-580, 2022 (Peer-Reviewed Journal)

4. **Investigation of the Effect of Peer Awareness Training Activity on Internet Addiction and Cyberbullying Level**  
HOTAR F. S. N., DEMİR K., KABASAKAL H. Z., YILMAZ M., KURUOĞLU KANDEMİR E., UYANIK G., BAKALIM O., CANOĞLU İ., GÜNVAR T., SÜRAL ÖZER P.  
Buca Eğitim Fakültesi Dergisi, vol.26, no.52, pp.692-706, 2021 (Peer-Reviewed Journal)
5. **Family Medicine Residency Training: Where, How Much, How and When?**  
KARA İ. H., GÜNVAR T., Sunay D., BAŞAK O.  
KONURALP TIP DERGISI, vol.8, no.1, pp.65-71, 2016 (ESCI)
6. **Hipertiroidi**  
YILDIRIM E., GÜNVAR T.  
Türkiye Klinikleri Aile Hekimliği Özel Dergisi, vol.6, no.5, pp.17-21, 2015 (Non Peer-Reviewed Journal)
7. **Health care seeking behaviors for sick children: time span for seeking health care**  
AKPAK F., YÜKSEL N. S., KABANLI A., GÜNVAR T.  
Türkiye Aile Hekimliği Dergisi, vol.19, no.2, pp.67-74, 2015 (Peer-Reviewed Journal)
8. **Mouth and Eye Dryness After Use of Sildenafil A CaseReport**  
Yılmaz S., M Ali K., GÜNVAR T., MEVSİM V.  
Eurasian Journal of Family Medicine, pp.94-96, 2015 (Peer-Reviewed Journal)
9. **Aile hekimliği çekirdek yeterlilikleri hastaların beklentileri ile uyuşmakta mıdır?**  
Güldal A. D., Günvar T., Mevsim V., Kuruoğlu Kandemir E., Yıldırım E.  
Türkiye Aile Hekimliği Dergisi, vol.16, no.3, pp.107-112, 2012 (Peer-Reviewed Journal)
10. **The perspective of peer educators: What are their experiences, feelings, and thoughts?**  
Güldal A. D., Mevsim V., Günvar T., Özçakar N.  
Health, vol.4, no.7, pp.349-356, 2012 (Peer-Reviewed Journal)
11. **Birinci basamak hekimleri serviks kanseri ve HPV aşısı ilgili ne biliyorlar**  
KARTAL M., GÜNVAR T., Gizem L., Şehnaz H., GÜLDAL A. D.  
Türkiye Aile Hekimliği Dergisi, 2011 (Peer-Reviewed Journal)
12. **The effect of informing women referring to health centers on their attitudes about HPV vaccine**  
YILDIRIM E., GÜNVAR T., KURUOĞLU KANDEMİR E., ÖZLEM İ., GÜLDAL A. D.  
Turkiye Aile Hekimligi Dergisi, vol.15, no.4, pp.153-158, 2011 (Peer-Reviewed Journal)
13. **What do primary care physicians know about cervical cancer and HPV vaccine?**  
KARTAL M., GÜNVAR T., LİMNİLİ G., HATİPOĞLU Ş., GÜLDAL A. D.  
Turkiye Aile Hekimligi Dergisi, vol.15, no.1, pp.1-6, 2011 (Peer-Reviewed Journal)
14. **Birinci basamak hekimleri yaşam tarzı değişikliklerinde ne kadar kararlı?**  
GÜNVAR T., KURUOĞLU KANDEMİR E., TOKSUN A., ERDEM A., GÜLDAL A. D.  
Türkiye Aile Hekimliği Dergisi, vol.15, no.2, pp.43-47, 2011 (Peer-Reviewed Journal)
15. **Birinci Basamakta Kronik Ağrı Yönetiminin Temel İlkeleri**  
GÜNVAR T.  
Turkish Journal of Family Medicine and Primary Care, vol.3, no.3, pp.14-17, 2009 (Peer-Reviewed Journal)

## Books & Book Chapters

1. **McWhinney'in Aile Hekimliği**  
Bulut Ü., Tan M. N., Gökdemir Ö., Güldal A. D., Günvar T., Kartal M., Limnili G., Mevsim V., Özçakar N., Şahin E., et al.  
ÇUKUROVA NOBEL TIP KİTABEVİ, İzmir, 2017

## Refereed Congress / Symposium Publications in Proceedings

1. **KANSER HASTALIĞININ BİREYİN BİRİNCİ BASAMAK SAĞLIK HİZMETLERİNİ KULLANMA DURUMU ÜZERİNE ETKİSİ**

- Yıldırım E., Günvar T.  
22. Aile Hekimliği Araştırma Günleri, Samsun, Turkey, 9 - 11 November 2023, pp.19-20
2. **Birinci Basamakta Verilen Otago Egzersiz Programının 65 Yaş Üstü Bireylerde Düşme Riski ve Korkusuna Etkisi**  
Ayaz M., Günvar T.  
22. Aile Hekimliği Araştırma Günleri, Samsun, Turkey, 9 - 11 November 2023, pp.1
3. **Evaluation of distance learning courses of family medicine education and vocational training program by vocational trainees in the COVID-19 pandemic: a cross sectional study**  
Kısmali Linnili G., Mevsim V., Özçakar N., Günvar T., Yıldırım E., Tan M. N.  
28th WONCA Europe Conference, Brussels, Belgium, 7 - 10 June 2023
4. **Covid-19 Pandemisinde Aile Hekimliği Uzmanlık Eğitim Programı Çevrimiçi Derslerinin Uzmanlık Öğrencileri Tarafından Değerlendirilmesi: Tanımlayıcı Çalışma**  
Linnili G., Mevsim V., Özçakar N., Günvar T., Kartal M., Yıldırım E., Tan M. N.  
19.Aile Hekimliği Araştırma Günleri, İzmir, Turkey, 7 - 09 April 2022, pp.30-31
5. **ÇALIŞAN ANNELER İLE ÇALIŞMAYAN ANNELERİN 4-6 YAŞ ARASI ÇOCUKLARININ SOSYAL BECERİLERİ ARASINDAKİ FARK**  
Taşcı B., Bal O., Sözen A., Günvar T.  
18. Aile Hekimliği Araştırma Günleri, İzmir, Turkey, 11 - 13 November 2021, pp.1
6. **"Dokuz Eylül Üniversitesi Tınaztepe Kampüsünde Öğrenim Gören Üniversite Öğrencilerinde Sağlık Hizmeti Gereksinimlerinin Değerlendirmesi**  
LİMNİLİ G., GÜNVAR T., MEVSİM V., ÖZÇAKAR N.  
10. Aile Hekimliği Araştırma Günleri, Kayseri, Kayseri, Turkey, 6 - 09 April 2017
7. **Değişime Hazır Bulunulmuş Anketinin Türkçe Geçerlik ve Güvenirlik Çalışması**  
Günvar T., Mevsim V., Yurdabakan İ.  
9. Aile Hekimliği Araştırma Günleri, Aydın, Turkey, 10 - 13 November 2016, pp.52-53
8. **HIV Bireylerin Sağlık Hizmeti ile İlgili Yaşadıkları Sorunların Saptanması**  
DEMİRÖRS H. F., AKYOL G., YILDIRIM E., GÜNVAR T.  
9. Aile Hekimliği Araştırma Günleri, Turkey, 11 - 13 November 2016
9. **Engelli özürü çocuğun doğumunun aile sistemi üzerindeki etkisi**  
ÖZKAN F., KÜÇÜKKARAGÖZ H., GÜNVAR T.  
1. uluslararası evlilik, çift ve aile danışmanlığı kongresi, İzmir, Turkey, 2 April - 04 June 2016, pp.52-75
10. **Knowledge attitudes and behaviors of primary care physicians regarding chronic pain and its treatment**  
AKYOL G., GÜNVAR T., TEYİN E., YILDIRIM E., HATİPOĞLU N. Ş., GÜLDAL A. D.  
WONCA EUROPE CONFERENCE 2016, 15 - 18 June 2016
11. **Does internet addiction make us obese Cross sectional study in university students**  
YILDIZ Ü., MUSTAN K., GÜNVAR T., MEVSİM V.  
WONCA EUROPE CONFERENCE 2016, 15 - 18 June 2016
12. **Üniversite Öğrencilerinde İçecek Tüketimi ile Obezite İlişkisi**  
MEVSİM V., ALTIN A. Ö., GÜNVAR T., KURUOĞLU KANDEMİR E., GÜLDAL A. D.  
8.Aile Hekimliği Araştırma Günleri, Trabzon, Turkey, 7 - 10 April 2016
13. **Depression Management in Family Medicine What we do What we can do**  
Özçakar N., Mevsim V., Günvar T.  
20th WONCA Europe Conference 2015, İstanbul, Turkey, 22 - 25 October 2015
14. **What do primary care physicians know and do regarding biopsychosocial approach**  
Günvar T.  
EGPRN Meeting in Nice-France, Nice, France, 19 - 22 May 2011, pp.37
15. **Hastaların Aile Hekimi Seçim Kriterleri ve Önceliklerinin Belirlenmesine 'Analitik Hiyerarşi Süreci' Yaklaşımı**  
Günvar T.  
10. Ulusal Aile Hekimliği Kongresi, Muğla, Turkey, 18 - 21 May 2011, pp.155

## 16. Birinci Basamak Hekimleri: Eğitim Gereksinimleri Hakkında Ne Düşünüyor ve Ne Hissediyorlar?

Başak O., Güldal A. D., Günvar T.

VI. Ulusal Tıp Eğitimi Kongresi, Aydın, Turkey, 2 - 05 June 2010, pp.121

### Advising Theses

- GÜNVAR T., BİLGİN A. C., HOW DO physicians perceive patients in primary care?, Expertise In Medicine, S.ALIZADEH(Student), 2022
- GÜNVAR T., Role of the mother in transferring male-dominated gender roles: Why and how?, Postgraduate, G.DEMİR(Student), 2022
- GÜNVAR T., Frequency of RE-smoking and related factors of individuals who have stopped smoking for one YEAR or more by applying to the smoking cessation polyclinics, Expertise In Medicine, A.SÖZEN(Student), 2022
- GÜNVAR T., A comparison of the development and HEALTH level of children who feeding with breastmilk between 6 months and 1 year and more than 1 year, Expertise In Medicine, B.TAŞCI(Student), 2022
- GÜNVAR T., ÇAĞLIYAN E., The effect of kinesio tape application on mechanical back pain in pregnancy, Expertise In Medicine, M.NALÇACIOĞLU(Student), 2021
- GÜNVAR T., Evaluation of diabetes follow-up status of type 2 diabetes patients registered in education family health centers affiliated to Dokuz Eylül Üniversitesi Tıp Fakültesi Aile Hekimliği Anabilim Dalı'na, Expertise In Medicine, G.KARTAL(Student), 2021
- GÜNVAR T., The correlation between the competence at the university examination of freshman students at Dokuz Eylül University and their physical activity levels during the preparation for the examination, Expertise In Medicine, A.YAVUZCAN(Student), 2021
- GÜNVAR T., Investigation of the factors determining the short pregnancy interval in women registered to gaziemir 10 and 11 educational family health centers from Dokuz Eylül University Medical Faculty Family Medicine Department, Expertise In Medicine, N.RÜMEYSA(Student), 2021
- GÜNVAR T., The relationship between mood and adherence to the mediterranean diet in university students, Expertise In Medicine, B.DURMAZ(Student), 2020
- MEVSİM V., GÜNVAR T., Dokuz Eylül Üniversitesi Aile Sağlığı merkezlerine başvuran proton pompa inhibitörü kullanan hastaların ilaç kullanma özelliklerinin saptanması, Expertise In Medicine, A.GÜNAYDIN(Student), 2020
- GÜNVAR T., The effect of osteoporosis prevention intervention based on health belief model on calcium intake and exercise in premenopausal women, Expertise In Medicine, İ.YORULMAZ(Student), 2019
- GÜNVAR T., The relationship between academic procrastination behaviors of medical specialization students with anxiety, depression and the other factors, Expertise In Medicine, E.TEHMEN(Student), 2019
- GÜNVAR T., The examination of the relation among the children and their parents and its effects on the playing behaviors of the children attending kindergarten, Postgraduate, S.VATANSEVER(Student), 2019
- GÜNVAR T., The use of health services in hiv positive patients and the factors affecting it, Expertise In Medicine, H.FARUK(Student), 2019
- GÜNVAR T., Investigation of the relationship between parental acceptance-rejection and family life- parenting attitudes, Postgraduate, M.TEKİN(Student), 2019
- GÜNVAR T., Investigation of the relationship between children's self management behavior and communication level of their parents, Postgraduate, N.GENÇ(Student), 2019
- GÜNVAR T., Boşanma sürecinde ve/veya boşanmış ailelerde çocuk-anne ilişkilerinin incelenmesi, Postgraduate, M.DOĞAN(Student), 2019
- GÜNVAR T., or divorced families, Postgraduate, M.DOĞAN(Student), 2019
- GÜNVAR T., The comorbidity of depression and anxiety with sleep apnea syndrome and their effects on marital adjustment, Postgraduate, D.ALDEMİR(Student), 2018
- GÜNVAR T., Aile hekimlerinin vejetaryen/vegan beslenme ile ilgili bilgi, tutum ve davranışları, Expertise In Medicine, O.FIRAT(Student), 2018
- GÜNVAR T., The relationship between anxiety and depression risk with the illness perception in the diabetes mellitus patients admitted to the primary care, Expertise In Medicine, C.AKKOL(Student), 2018

GÜNVAR T., The effect of psychoeducation program of perfectionism on mother's perfectionism level and children's anxiety level, Postgraduate, M.UZUN(Student), 2018

GÜNVAR T., vegan nutrition, Expertise In Medicine, O.FIRAT(Student), 2018

GÜLDAL A. D., GÜNVAR T., How do family physicians working in primary care decide to switch insulin treatment from oral antidiabetics for their TYPE 2 diabetes mellitus patients?, Expertise In Medicine, S.YAPRAK(Student), 2016

GÜNVAR T., Cancer screening behaviour of women aged 55 or older and its relationship with use of primary health care services in Bornova district of İzmir, Expertise In Medicine, A.ÇINAR(Student), 2016

MEVSİM V., GÜNVAR T., In formation of obesity among university students the effect of determining the internet addiction, Expertise In Medicine, Ü.YILDIZ(Student), 2014

GÜNVAR T., The comparison of classical doppler method and oscillometric measurement of ankle brachial index for screening of peripheral artery disease in primary care, Expertise In Medicine, Ü.BULUT(Student), 2014

GÜLDAL A. D., GÜNVAR T., The determination of to what extent family physicians working in İzmir province use biopsychosocial approach in their daily practices, Expertise In Medicine, M.GÖKHAN(Student), 2013

GÜNVAR T., ÖZÇAKAR N., Investigation of risk factors and treatment seeking behaviour in premenstrual syndrome, Expertise In Medicine, B.ÖNAL(Student), 2011

## Activities in Scientific Journals

Turkish Journal of Family Medicine and Primary Care, Assistant Editor/Section Editor, 2022 - Continues

Turkish Journal of Family Medicine and Primary Care, Foreign Language Redactor, 2015 - Continues

## Metrics

Publication: 49

Citation (WoS): 48

Citation (Scopus): 122

H-Index (WoS): 2

H-Index (Scopus): 4

## Congress and Symposium Activities

22. Aile Hekimliği Araştırma Günleri, Session Moderator, Samsun, Turkey, 2023

21. Aile Hekimliği Araştırma Günleri, Moderator, İzmir, Turkey, 2023

## Research Areas

Healthcare Management, Family Medicine, Behavioural Sciences